VALLEY FIGURE SKATING CLUB 2023-2024 SEASON

Coaches Registration

The Board of Directors of the Valley Figure Skating Club (VFSC) welcomes you to another season of skating. We hope this packet of information will be helpful to you as you register for the coming year. The following forms must be returned by June 30, 2023, to begin or continue your membership with Valley Figure Skating Club.

| 1. COACH INFORMATION SHEET: Please fill out all the information requested on the form. |
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| This information is necessary for a complete record. PLEASE NOTE: phone numbers and |
| email addresses that are provided are for VFSC use only. |
| 2. AMATEUR ATHLETIC WAIVER AND RELEASE OF LIABILITY: Please read carefully, |
| complete and return with registration materials. |
| 3. VALLEY FIGURE SKATING CLUB'S COACH CODE OF CONDUCT: Please go over this |
| Code of Conduct form. Please sign & return. |
| 4. MEMBERSHIP DUES: A Square invoice will be sent to each coach for the \$50 |
| membership dues. |

PLEASE MAIL OR HAND IN YOUR COACH REGISTRATION MATERIALS TO:

VFSC

c/o Erin Korchagin PO Box 333 Little Chute WI 54140

VFSC is registering everyone online with USFS. If there are any questions, concerns or problems with any part of this registration, please do not hesitate to contact Erin Korchagin at 920-475-1120.

VALLEY FIGURE SKATING CLUB COACH INFORMATION SHEET

Please complete the information below to coach on VFSC contracted ice.

| Coach Information | |
|--|--|
| Name: | Date of Birth: |
| Address: | USFSA #: |
| | Home Club: |
| Phone: | Email: |
| Requirements for VFSC Coaches: 1. USFS Membership \$50.00 (payable to VFSC) | |
| 2. Resume Must have a CURRENT resume on file. Pl I submitted a resume last year Attached is a current resume | lease submit every 2 years |
| Personal Liability Insurance Attach a copy of your CURRENT Perso This can be obtained through the USFS w website. | • |
| Background Check, which varies in cost f insurance. Results will be verified with USYES, I have registered with the USFS | t be done online at www.usfsa.org. This includes a from: \$40.00 w/liability insurance or \$170 w/o liability SFS. S and will submit my background check results by 6/30/2023 be is now a USFS coaches requirement. Can be done |
| verified with PSA. | requirements as the USFS and PSA and results will be PSA and will submit the results by 7/1/23 |

AMATEUR ATHLETIC WAIVER AND RELEASE OF LIABILITY

In consideration of being allowed to participate in the Tri County Ice Arena/Appleton Family Ice Center/Champion Center/Appleton Ice, Inc./Valley Figure Skating Club program, related events and activities, including, but not limited to programs at the Arena and Offsite, the undersigned acknowledges, appreciates and agrees that:

- 1. The risk of injury from the activities involved in this program is significant, including, but not limited to, the potential for permanent paralysis and death and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
- 2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown and assume full responsibility for my participation; and
- 3. I willingly comply with the stated and customary terms and conditions for participation. If, however, I observe, or in the case of a minor, the parent(s) or legal guardians(s) observe, any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and
- 4. I, for myself, and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, WAIVE AND HOLD HARMLESS, TRICOUNTY ICE ARENA, APPLETON FAMILY ICE CENTER, CHAMPION CENTER, APPLETON ICE, INC., THE VILLAGE OF FOX CROSSING, WINNEBAGO COUNTY, OUTAGAMIE COUNTY AND THE VALLEY FIGURE SKATING CLUB, their representative administrators, members, directors, agents, coaches, officials, other participants, sponsors, advertisers, and, if applicable, owners and lessors of the premises used to conduct the event, including, but not limited to, at the Arena, in transit to or from the Arena, hereinafter referred to as "releases", from any and all liability to each of the undersigned, and any and all claims, demands, losses or damages on account of INJURY, DISABILITY, OR DEATH, or loss or damage to property.
- 5. I also understand and accept the fact that by the terms of any ice rental contracts between Appleton Ice, Inc., Appleton Family Ice Center, Tri-County Ice Arena, Champion Center and the Valley Figure Skating Club, the Village of Fox Crossing, Winnebago County, Outagamie County, and the officers, directors, supervisors and employees of the above entities are not responsible for any property damage or loss suffered by me which occurs in the locker rooms or any other area wherein property of mine or the skating club is kept or stored, either permanently or temporarily.
- 6. This waiver and release is understood to supersede and take precedence over any other agreement or representation, whether written or oral, which contradicts the terms of this waiver.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT AND FULLY UNDERSTAND ITS TERMS. I FURTHER UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING THIS FORM, AND HEREBY SIGN IT FREELY, VOLUNTARILY AND WITHOUT ANY INDUCEMENT.

| Participant's Signature Participant's | PRINTED Name | Date |
|---------------------------------------|------------------------|----------|
| | | |
| Emergency Contact Person | Emergency Phone Number | |

Valley Figure Skating Club Coach Code of Conduct

Purpose: Valley Figure Skating Club (VFSC) is committed to creating a safe and positive environment for members' physical, emotional and social development and ensuring that it promotes an environment free of misconduct and abuse. This information is intended to provide both the general principles and the decision rules to cover most situations encountered by coaches and instructors. It has, as its primary goal, the welfare and protection of the individuals and groups with whom coaches work.

It is the individual responsibility of each coach to aspire to the highest possible standards of conduct. Above all, coaches of young people can have great influence on developing athletes who are reliant on these coaches for the basic instruction and guidance necessary to reach the top levels. Coaches can have tremendous power over these athletes in their quest to the top. This power must not be abused. Therefore, we have set forth these codes of ethics and conduct to guide our coaches and protect our athletes for the mutual benefit of all concerned.

General Principles:

- Competence: Coaches must strive to maintain high standards of excellence in their work. They should recognize the boundaries
 of their particular competencies and the limitations of their expertise. They should provide only those services and use only those
 techniques for which they are qualified by education, training and/or experience. In those areas, where recognized professional
 standards do not yet exist, coaches must exercise careful judgment and take appropriate precautions to protect the welfare of
 those with whom they work. They shall maintain knowledge of relevant scientific and professional information related to the
 services they render, and they must recognize the need for ongoing education. Coaches should make appropriate use of
 scientific, professional, technical, and administrative resources.
- Integrity: Coaches should seek to promote integrity in their coaching profession. Coaches should always be honest, fair, and
 respectful of others. They must not make representations about their qualifications, services, products, or fees that are false,
 misleading, or deceptive. Coaches should strive to be aware of their own belief systems, values, needs and limitations and the
 effect of these on their work. To the extent feasible, they should attempt to clarify for relevant parties, the roles they are
 performing and to function appropriately in accordance with those roles. Coaches must avoid conflicts of interest.
- Professional Responsibility: Coaches must uphold professional standards of conduct, clarify their professional roles and obligations, accept appropriate responsibility for their behavior, and adapt their methods to the needs of different athletes. Coaches should consult with, refer to, or cooperate with other professionals and institutions to the extent needed to serve the best interest of their athletes, or other recipients of their services. Coaches should be concerned about the ethical compliance of their colleagues' conduct. When appropriate, they should consult with their colleagues in order to prevent or avoid unethical conduct.
- Respect for Participants and Dignity: Coaches shall respect the fundamental rights, dignity and worth of all participants. Coaches
 must be aware of cultural, individual, and role differences, including those due to age, gender, race, ethnicity, national origin,
 religion, sexual orientation, disability, language and socioeconomic status. Coaches must eliminate the effect on their work of
 biases based on those factors, and they do not knowingly participate in or condone unfair discriminatory practices.
- Concern for Others Welfare: In their actions, coaches must consider the welfare and rights of their athletes and other participants. When conflicts occur among coaches' obligations or concerns, they should attempt to resolve these conflicts and to perform their roles in a responsible fashion that avoids or minimizes harm. Coaches shall be sensitive to differences in power between themselves and others and should not exploit nor mislead other people during or after their relationship.
- Responsible Coaching: Coaches must be aware of their ethical responsibility to the community and the society in which they work and live. Coaches must comply with the law and encourage the development of law and policies that serve the interest of sport or activity. The coach shall strive to serve as a leader and model in the development of appropriate conduct for the athlete both within and beyond the U.S. Figure Skating setting. The coach shall strive to use strategies in practice and competition that are designed to encourage play within the letter and spirit of the rules. The coach shall strive to keep the concepts of winning and losing in proper perspective. The coach shall strive to enforce policies and rules with fairness, consistency, and an appreciation for individual differences.

Ethical Standards:

- Compliance with Rule Requirements: All coaches must complete all annual coaching member requirements set forth by U.S. Figure Skating Rules and the PSA that apply to them by the appropriate deadlines.
- Competence: Coaches should not undertake these duties until they have first obtained the proper training, study and advice that they are competent to do so.
- Maintaining Expertise: Coaches should maintain a level of expertise through continued education and experience and shall strive to acquire additional education and experience through sources available to them.

- Respecting Others: Coaches shall respect the rights of other's values, opinions, and beliefs even if they differ from their own.
- Nondiscrimination: Coaches must not engage in discrimination based upon age, gender, race, ethnicity, national origin, religion, sexual orientation, gender identity, disability, language, socioeconomic status, or any other basis as protected by applicable law.
- Misconduct: Coaches must not, under any circumstances, engage in any form of misconduct and will respond to complaints of such a nature to respondents with dignity and respect.
- Personal Problems or Conflicts: Coaches should have a responsibility to be aware if there are personal problems or conflicts which may affect their ability to work with athletes. They should also be able to identify problems affecting their athletes, which could potentially create situations that place their athletes in harm or danger of injury, and take the appropriate steps to remove the athlete from this environment.

Further, any person who makes groundless allegations or complaints of abuse or harassment may be subject to disciplinary action per Article XXV, Section 3B, of the U.S. Figure Skating bylaws.

Coaches Code of Conduct:

Must be signed and dated.

- Must obey and abide by all U.S. Figure Skating published rules, regulations, and procedures.
- Shall maintain exemplary standards of personal conduct.
- Must obey all state, national and international laws.
- May not be under the effects of alcohol, illegal drugs or any substance that can affect athlete safety and coaching judgment.
- Must refrain from using any profane or abusive language.
- Must not engage in any type of misconduct with any athlete.
- Must teach and support the athletes fairly and equitably.
- Must never discriminate against any athlete.

I understand that as a U.S. Figure Skating member coach, I have assumed certain responsibilities to prepare, develop and be an advocate and role model. I agree to the "Coaches Code of Conduct," have read the "Coaches Code of Conduct" and understand what is expected of me.

Refer to the U.S. Figure Skating Rulebook and SkateSafe® Handbook for more information.

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| Valley Figure Skating Club Coach Code of Conduct Agreement Form | | | | |
| I,guidelines and tenets of this document. | [coach's name printed], have read the Code of Conduct, and agree to uphold all | | | |
| | Coach's signature | | | |
| | Date | | | |