

VALLEY FIGURE SKATING CLUB RULES AND PROCEDURES

The following rules and procedures were adopted by the VFSC Board of Directors to promote an atmosphere conducive to training as well as allow for the safety of each skater. The rules must be followed by both skaters and pros in order to be effective:

1. Skaters must sign in **BEFORE** they get on the ice and between contiguous sessions. Admission to be determined in the following order: 1) Contracted skaters who have signed in. 2) Club members on a first come, first served basis. 3) All other skaters on a first come, first served basis.
2. Skaters may be removed from the ice for any of the following: 1) intentionally damaging the surface of the ice. 2) Consistent lack of consideration for other skaters. 3) Offensive, abusive or profane language. 4) Wild or rough skating. 5) Disrespectful actions towards pros, ice monitors, other skaters or arena personnel.
3. Consumption of food/snacks/beverages on ice or near boards is prohibited; the only exception is water bottles and must be kept back in the hockey boxes away from the ice surface. Keep all personal items such as tissue boxes, notebooks, music, apparel clear of ice surfaces and/or access areas for safety of all and remove them after each session.
4. Be considerate in the use of the ice: consideration for 'right of way' on the ice as follows: 1) skaters doing their program to music, 2) skaters having lessons, 3) skaters in the harness. Practicing a program is critical to skating development; therefore, all pros and skaters should be aware of who has the right of way. Anyone, including pros, who ignore these rules and procedures will first receive a warning and then be suspended from the session.
5. A skater **must** wear a sash when their CD is being played.
6. No congregating on the ice during ice time.
7. Any grievances should be brought to the VFSC Board of Directors.

SafeSport Statement for Membership Renewal

Valley Figure Skating Club is committed to creating a safe and positive environment for members' physical, emotional and social development and ensuring that it promotes an environment free of misconduct.

The following code of conduct applies to all participants in activities hosted, supported, sponsored or engaged in by U.S. Figure Skating and Valley Figure Skating Club including but not limited to competitions, exhibitions, training camps and local rink activities.

I recognize that my participation or my child's in all the activities associated with U.S. Figure Skating and Valley Figure Skating is an honor and privilege that carries certain responsibilities. I agree to fully abide by the rules and guidelines set forth by U.S. Figure Skating or its properly designated agents.

VFSC Code of Conduct

Purpose:

The purpose of the Valley Figure Skating Club Code of Conduct is to set forth clear and consistent behavioral expectations for its members and their parents/guardians and to inform them of the consequences that will occur in the case of any rule violations.

Code of Conduct:

VFSC members are expected to act in a manner that represents the members, fellow skaters, the club, and community in a positive manner. The VFSC Code of Conduct will be applied on and off the ice at practices, competitions, test sessions, and all other club events to ensure the enjoyment, safety, and development of all skaters. These guidelines may be reviewed and changed as needed at the discretion of the VFSC Board of Directors at any time.

1. Show good sportsmanship by demonstrating support and respect for all skaters, coaches, parents, officials, and volunteers.
2. Respect others' personal space on the ice and follow all safety rules
3. Respect public property and property of others
4. Use appropriate language, social media included.
5. Dress appropriately while representing VFSC
6. Do not take part in gossip, discuss other skaters, or spread rumors
7. Respect others outside of the rink; including use of social networking sites and electronic communication
8. Resolve any conflicts without resorting to hostility or aggressive/threatening behavior
9. Refrain from the consumption, distribution, and possession of any amount of alcoholic beverages, tobacco products, or controlled substances when under the legal age limit.

Skaters and/or parents who observe unsafe, rude, or inconsiderate behavior or any other violation of the Code of Conduct on the part of other skaters and/or parent/guardians should report the incident in writing to any VFSC Board member within 24 hours.

In addition, any identifiable cyber image, posted profanity, photo, or video that implicates a skater or parent/guardian to have violated the VFSC Code of Conduct shall be confirmed as a violation of the Code of Conduct.

Skater/Parent Discipline & Consequences

Skaters: Any Valley Figure Skating Club skater may be immediately suspended from the ice for unsportsmanlike behavior, or for any violations outlined in the VFSC Code of Conduct. This decision is at the discretion of the VFSC Board and will depend upon the severity or pattern of the offense, as to whether or not verbal or written warnings will be issued prior to suspension.

Should disciplinary action be necessary, representatives from the VFSC Board will conduct a meeting with the skater and parent (it is not required to have a parent present for verbal or written warnings) and potentially the Coach, if they wish to be included, to explain the circumstances of the discipline and discuss options.

A skater can receive a verbal or written warning for any violation of the Code of Conduct based on the severity or pattern of the offense. It will be the VFSC Board's responsibility to enforce this code. Further, upon final decision by the VFSC Board and involved coaches, skaters may face the possibility of permanent separation from the Valley Figure Skating Club for repeated or severe violations.

Parents: Parents are also held accountable to the club's stated Code of Conduct. A parent who violates the Code of Conduct, may also be subject to disciplinary action that may include: losing privileges to watch practice, attend competitions or participate with their child in VFSC activities; or, their child's separation from the Valley Figure Skating Club.

I agree to the terms and disciplinary actions included in the Valley Figure Skating Club Code of Conduct.